

body bar

Traditional Thai Leg & Foot
Massage with Reflexology
85.00

75 mins

Experience a truly unique and distinctive traditional Thai massage to relieve sore and aching muscles, followed by Thai reflexology and finishing with the hot herbal compress to increase circulation, and aromatic herbs to relax your body and mind.

Tao Head, Neck & Back
Massage Oil Treatment
45.00

30 mins

A fusion of Swedish, Indian and Thai techniques massaged with a hot oil treatment to nourish your scalp.

Thai Hot Herbal Compress
Massage (Full body)

* Herbal compresses contain a blend of lemongrass, ginger, plai, tumeric and cumin wrapped in cotton and steamed before applying on the skin. If you enjoy hot stone therapy you'll love this treatment even more!

120.00
95.00

90 mins
60 mins

Enjoy this exotic, stimulating, yet relaxing treatment and receive the benefits from the heat and the aromatic herbs massaged into your skin. Pressure added to your sen lines will open blocked energy channels and increase your circulation.

Jamu Balinese Massage
90.00

60 mins

A meditative massage combining Hindu, Chinese and European influences to create a relaxing, rhythmic and energizing experience. The Asian techniques of acupressure, skin rolling and percussion invigorate the muscles and significantly increase blood circulation.

Tao Signature Hot Oil
Aromatherapy Massage
90.00

60 mins

Indulge in a treatment with aromatic essential oils, utilizing Thai, Shiatsu and Swedish massage techniques to relieve and relax your muscles.

The Tao Chair Massage
20.00

For every
15 mins

For the clients who want quick relief in a short amount of time, try a sampler of our specialty massages. A combination of Thai, Jamu, Shiatsu and Indian techniques.



Additional Services

Waxing:

- | | | | |
|---------------------------------|-------|--|-------|
| <input type="radio"/> Half Legs | 35.00 | <input type="radio"/> Upper Lip | 10.00 |
| <input type="radio"/> Full Legs | 65.00 | <input type="radio"/> Chin | 10.00 |
| <input type="radio"/> Underarm | 18.00 | <input type="radio"/> Eyebrows & shaping | 20.00 |
| <input type="radio"/> Arms | 25.00 | | |

All prices are subject to change without notice



foot bar

Your path to beauty, serenity
and long-lasting health.

Tao Classic Pedicure
65.00

75 mins

This luxurious pedicure includes a foot soak, exfoliating scrub, and a fusion of Thai and Swedish massage. Your feet will be groomed to perfection with your choice of polish, and left feeling revitalized and renewed.

Tao Express Pedicure
40.00

30 mins

Soak, shape, buff and polish. Fast yet perfect care for those busy feet on the go!

(Callous Removal add \$10)

Milk and Honey Treatment
75.00

90 mins

Indulge like a Javanese princess! Enjoy the moisturizing benefits of honey and the softening effects from milk.

Essential Oil Parrifn Wrap
85.00

90 mins

Hydrate and sooth your feet with a warm parrifin wrap and custom blend your oils for your own personalized treatment.

Chocolate Bliss!
75.00

90 mins

A chocolate lover's delight! Submerge into chocolate from beginning to end.

Sport Gentleman's Pedi "cure"
60.00

60 mins

A polish free special treatment for over-worked feet! Define, groom, and exfoliate with an invigorating scrub and a leg and foot massage.

Soak n' Massage
35.00

30 mins

Submerge into a warm, soothing foot bath and enjoy a relaxing massage or Thai reflexology.

Organic Hungarian Herbal
Mud Treatment Pedicure
80.00

90 mins

An active detoxifier that helps stimulate the legs and fatigued skin. This thermal mud treatment contains organic cinnamon and paprika spices.

All pedicure treatments include your choice of polish.

**We are Certified for Infection Control with the North American Podology Association.

nail bar

Tao Classic Manicure 35.00	45 mins	A delightful spa manicure, includes a hand soak, a fusion of Swedish and Thai massage, fully groomed and polished.
Tao Express Manicure 25.00	30 mins	For the client "...on the go". Service includes nail shaping, cuticle treatment, and polish.
Hot Oil Aromatherapy with Paraffin 55.00	70 mins	Custom blend your oils and receive the hydrating benefits from the paraffin wrapped around your hands!
Chocolate Bliss! 45.00	60 mins	Start with a chocolate hand soak, followed by a nutty scrub and massage in chocolate shea butter... mmm delicious!
Bali Sea & Flowers 45.00	60 mins	A stimulating and natural skin scrub with sea salts, flower petals and exotic essential oils.

Nail Enhancements

Bio-Sculpture Gel Enhancement Nails (includes Express Mani) 80.00 Clear 85.00 Colour 90.00 French	90 mins	Gel enhancements with a five star safety rating! For those who are concerned with health issues, but would like to have the natural appearance, durability, simplicity and ease of removal that will not damage the natural nail. This product comes in a spectrum of colours.
--	---------	--

Bio-Sculpture Overlays (includes Express Mani) 50.00 Clear Overlay 55.00 Colour Overlay 60.00 French Overlay	60 mins	Select your choice of coloured gel. Overlays are great for long lasting colour and durability. <i>colour gels can last up to 3 weeks!</i>
---	---------	--



Additional Services

- Traditional French Nails add 10.00
mix and match any two colours
- Nail Repair 10.00/nail
- The Paraffin Dip add 20.00
- Make your nails dazzle by adding nail art! add 5.00/nail

facials

Consult with our Estheticians to see which treatment is best suited for your skin type.

Tao Classic Organic Facial 75.00	60 mins	Deep pore-cleanse, exfoliate, massage and hydrate your skin with Eminence. This organic facial will be custom-blended to nourish your skin type. All products used are rich in bioflavonoids, vitamins and minerals.
Tao Express Facial 55.00	45 mins	A refreshing facial that cleanses, exfoliates and hydrates the skin on the go!
Organic AHA & Paprika 85.00	75 mins	For an indefinable glow...the Paprika Treatment is the hottest facial and a celebrity favourite! Renew your skin tone and texture to a glowing and youthful appearance from nature's fruit n'spices (20% Glycolic Treatment)
Yam & Pumpkin Enzyme 20% Peel 85.00 55.00	60 mins 30mins	Repair and rejuvenate your skin with yammy peels that will leave your skin deliciously clear! See great results in a shorter period of time. Best results in a series of 4 treatments
Ageless Beauty 90.00	75 mins	This exquisite facial includes a lemon-lime antioxidant gel, algae and natural phyto-estrogens to give skin clarity and increase circulation. This highly active masque will leave your complexion absolutely revitalized. Experience the healthy glow after the treatment. Not recommended for extremely sensitive skin types.
The 'Pearfect' Facial 80.00	75 mins	A truly unique facial utilizing a natural pear and poppy seed exfoliant with the microdermabrasion action of poppy seeds and fine walnuts. This pear and green apple treatment is beneficial for toning and nourishing the skin.
Stone Crop Lightening + AHA (Parsley & Cucumber Exfoliant) 85.00	60 mins	For intensive hydration and restoration. Brighten up your skin with the healing properties of StoneCrop, and minimize pigmentation. Suitable for all skin types including sensitive skin.
Tomato Treatment 95.00	90 mins	Finally.....a natural treatment for problematic skin! Derived from lycopene rich tomatoes and odorless garlic to clarify and heal acne. Balance oil production and treat acne at the source by reducing inflammation and increasing oxygen to the skin.
New LED Light Therapy 50.00 each (with series of 6) 45.00 with facial 60.00 for one session		LED light treatment is a safe, but effective use of light technology designed to help diminish visible appearance of fine lines and promotes collagen regeneration. 6 treatments every 7 to 14 days for best results



Additional Services

- Extractions add 15.00
- Lash Extensions 60mins 70.00
- Lash Ext (Refills) 30mins 35.00
- Lash/Eyebrow Tinting 20.00
- Eye Treatment add 10.00
- Lip Treatment add 10.00
- MakeUp 65.00
- Bridal MakeUp 75.00
- (Consultation for the Bride) 45.00